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*Wisdom of the Land*

# Update on Spinal Muscular Atrophy (SMA)

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# Spinal Muscular Atrophy (SMA)

- Clinical features & subtypes
- Genetic diagnosis
- Basic science of SMN gene
- Current management
- Recent advanced treatment
- Late-onset & SMN1-negative SMA

# Characteristic Features in Neuromuscular Diseases

	Motor neurons	Neuropathy	NMJ	Muscle
Muscle tone	Decreased	Decreased	Normal	Decreased
Weakness	Generalized, Fasciculation, Tremor	Distal>Prox.	Fatigue, Generalized Prox>Distal, Bulbar	Prox>Distal
DTRs	Absent	Decreased	Normal	Normal/ Decreased
CK	Normal, 2-4X	Normal	Normal	Elevated
NCS/EMG	Fasciculation	Neuropathic	Rep. Stim	Small units

# Spinal Muscular Atrophy (SMA)

- AR, chromosome 5q12.2-13.3
- SMN1, SMN2 gene
- Progressive loss of anterior horn cells and motor nuclei
- Hypotonia, generalized weakness
- Tongue fasciculation and hand tremor
- Respiratory & skeletal problems
- CK; normal or slightly elevated



## Horizontal suspension



## Vertical suspension



# Classification and Subtypes of SMA

Type	Frequency (%)	SMN2 copy	Age of Onset	Maximal Motor Milestone	Motor Ability and Additional Features	Prognosis <sup>c</sup>
SMA 0	<1	1	Before birth	None	Severe hypotonia; unable to sit or roll <sup>a</sup>	Respiratory insufficiency at birth; death within weeks
SMA I	50-60	2, 3	2 weeks (Ia) 3 months (Ib) 6 months (Ic)	None	Severe hypotonia; unable to sit or roll <sup>b</sup>	Death/ventilation by 2 years
SMA II	30	2, 3, 4	6 to 18 months	Sitting	Proximal weakness; unable to walk independently	Survival into adulthood
SMA III	10	3, 4	<3 years (IIIa) >3 years (IIIb) >12 years (IIIc)	Walking	May lose ability to walk	Normal life span
SMA IV	1	4+	>30 years or 10 to 30 years	Normal	Mild motor Impairment	Normal life span

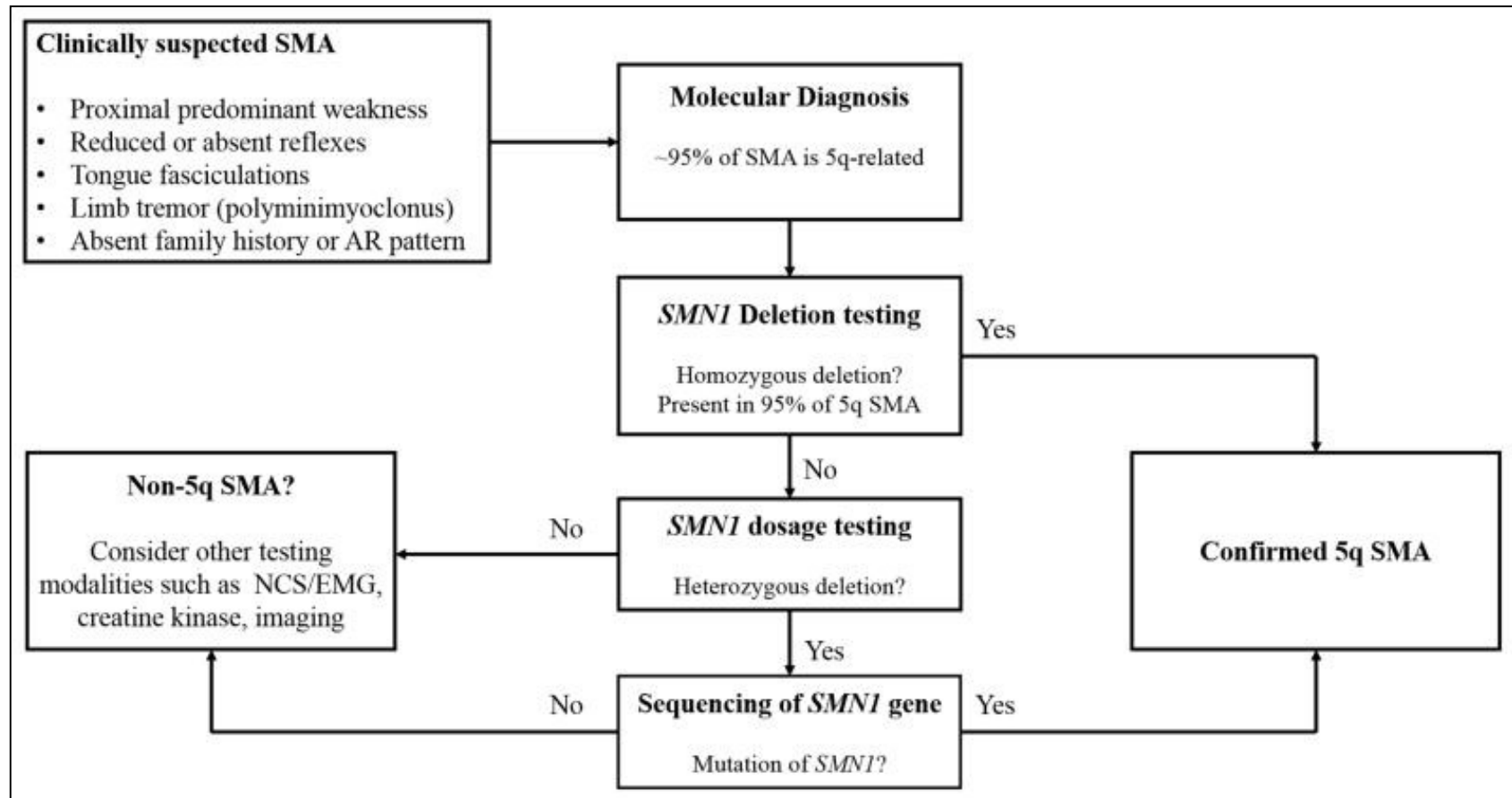
a: Need for respiratory support at birth; contractures at birth, reduced fetal movements.

b: Ia joint contractures present at birth; Ic may achieve head control.

c: Prognosis varies with phenotype and supportive care interventions.

*Farrar Ma, et al. Ann Neurol. 2017;81:355–368*  
*Bharucha-Goebel D. Curr Neurol Neurosci Rep. 2017;17: 91*

# Approach to Molecular Diagnosis of SMA



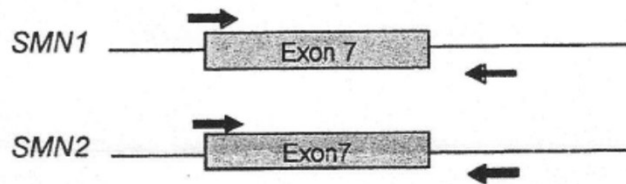
*Arnold WD. Muscle Nerve. 2015; 51(2):157–167*



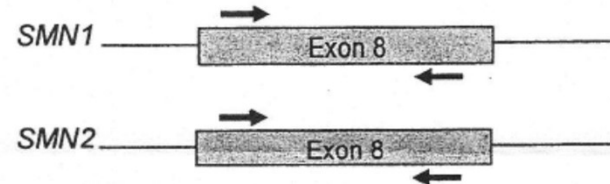
# 11-year-old girl with SMA type III

## Diagrams of exon 7 and exon 8 (*SMN1* gene) homozygous deletion detection

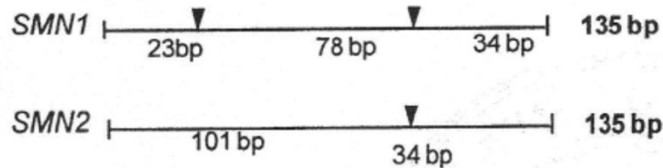
PCR amplification of *SMN1* and *SMN2* exon7



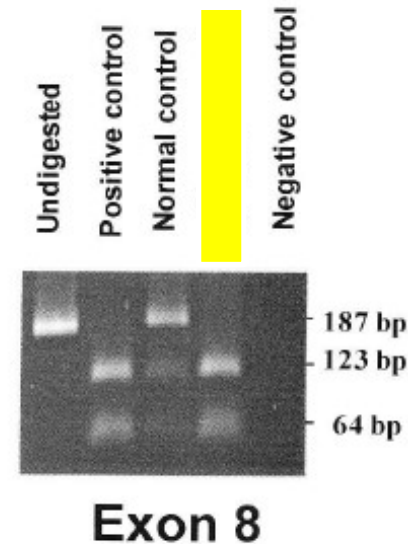
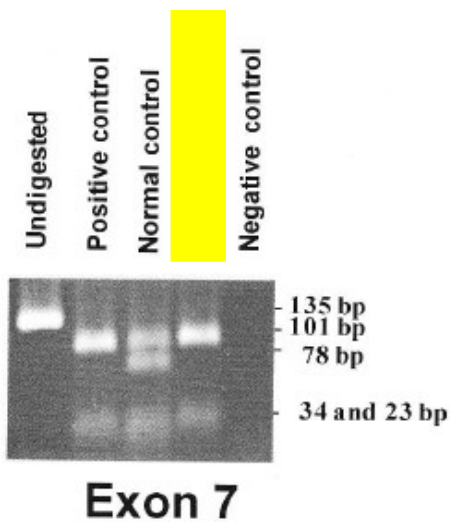
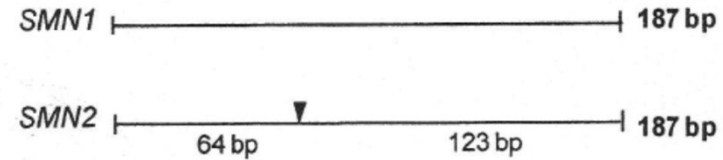
PCR amplification of *SMN1* and *SMN2* exon8



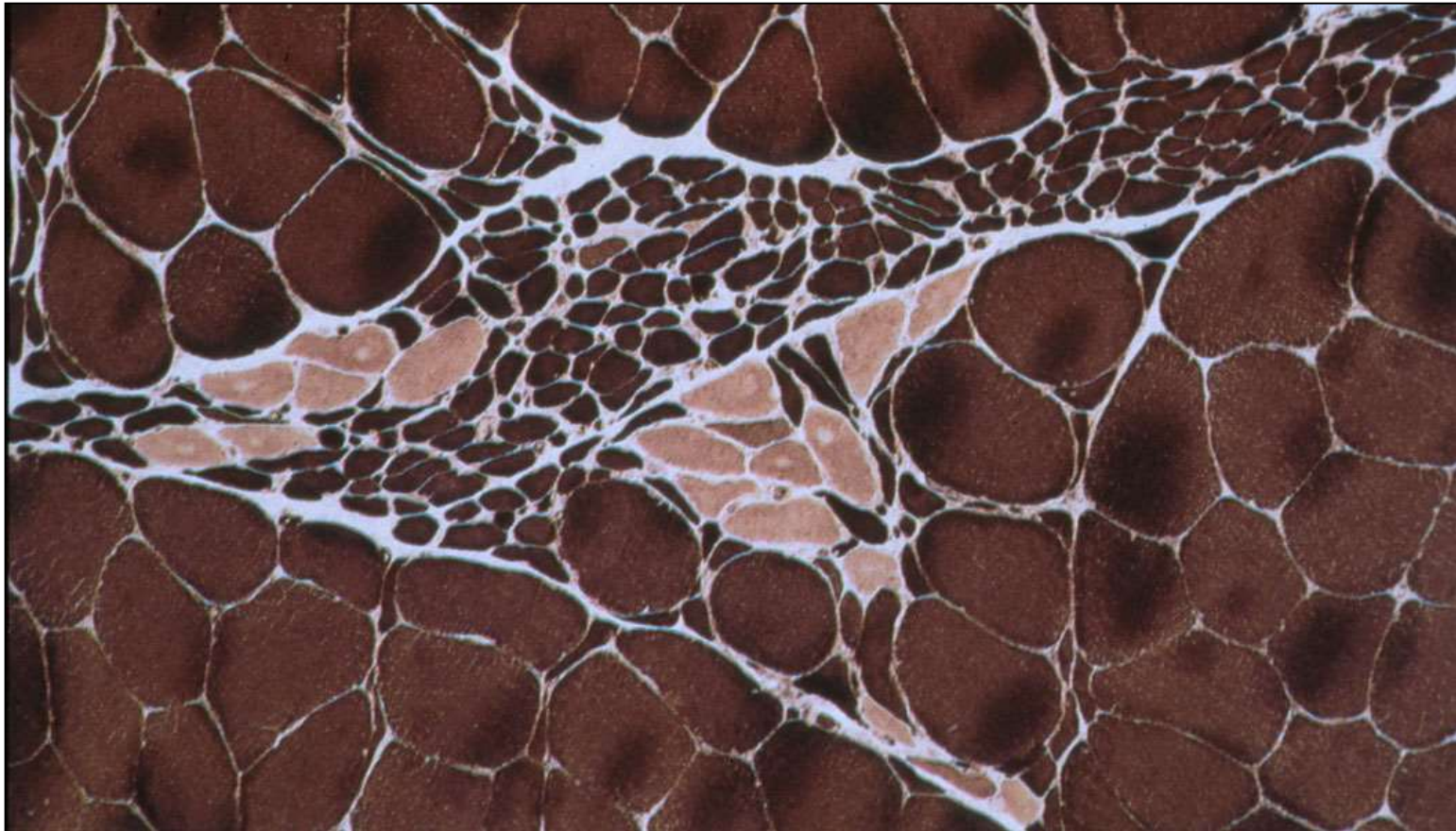
*SMN1* and *SMN2* PCR products and *HinfI* digestions



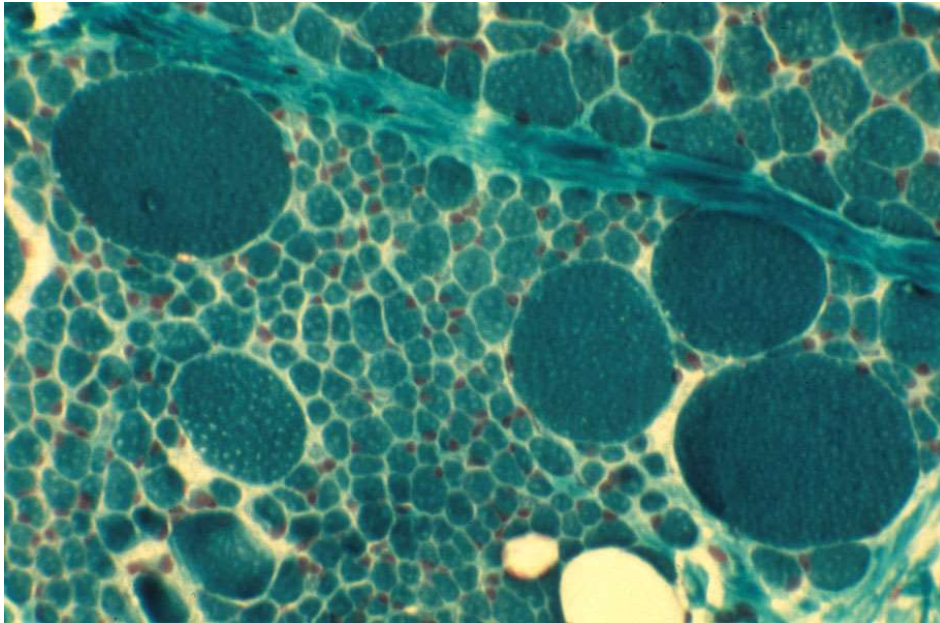
*SMN1* and *SMN2* PCR products and *DdeI* digestions



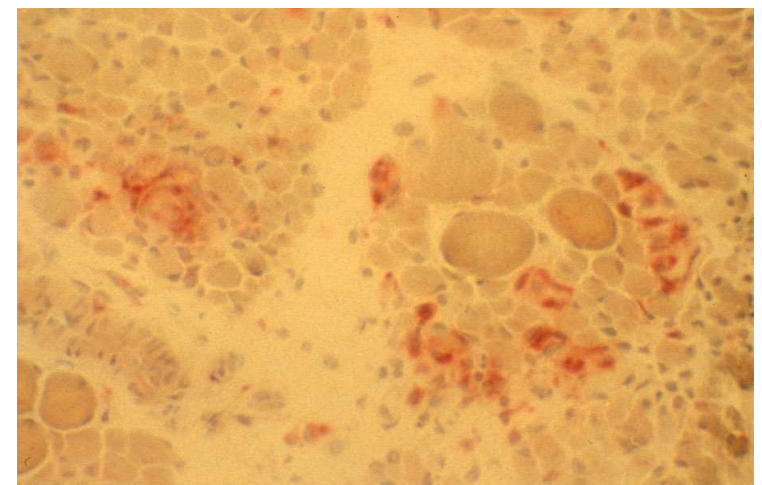
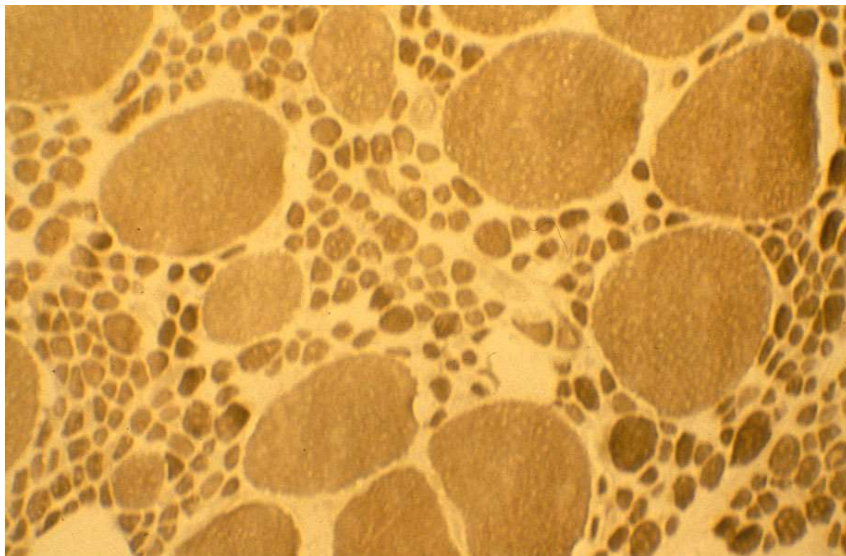
**Muscle biopsy:  
Denervation atrophy  
Group/Fascicular atrophy**







**SMA**  
**Infantile pattern of denervation**



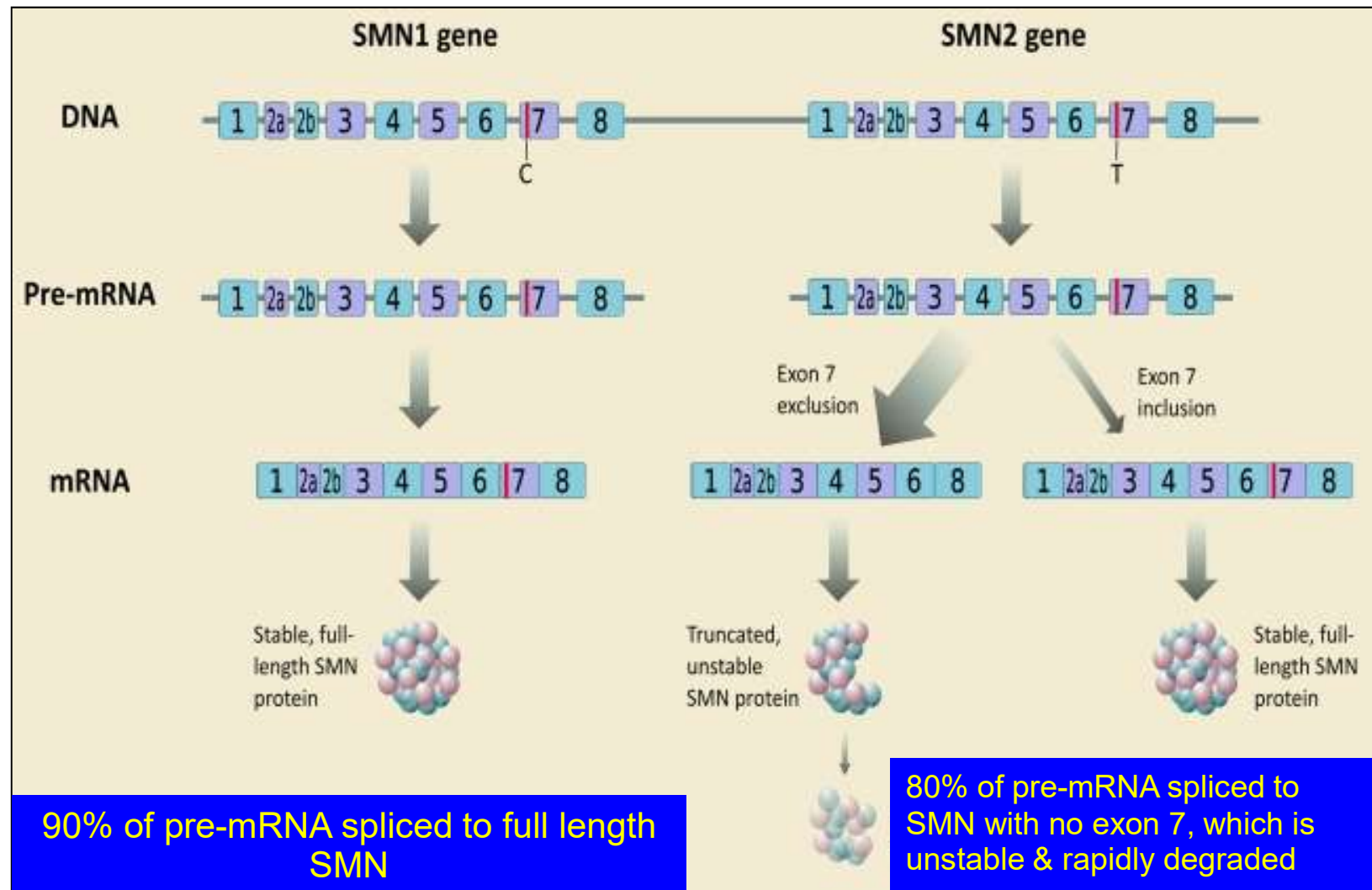
# Carrier Frequencies for SMA

Ethnicity	Number of identified carriers	Number of study participants	Carrier frequency	95% CI
Arab	152	9058	0.017	0.014–0.019
Asian	2492	119,718	0.021	0.020–0.022
Asian Indian	20	1465	0.014	0.008–0.020
Black (Sub-Saharan ancestry)	80	8012	0.010	0.008–0.012
Caucasian	680	31,549	0.022	0.020–0.023
Hispanic	127	9649	0.013	0.011–0.015
Jewish	1059	59,196	0.018	0.017–0.019

**Thai population about 1:50**

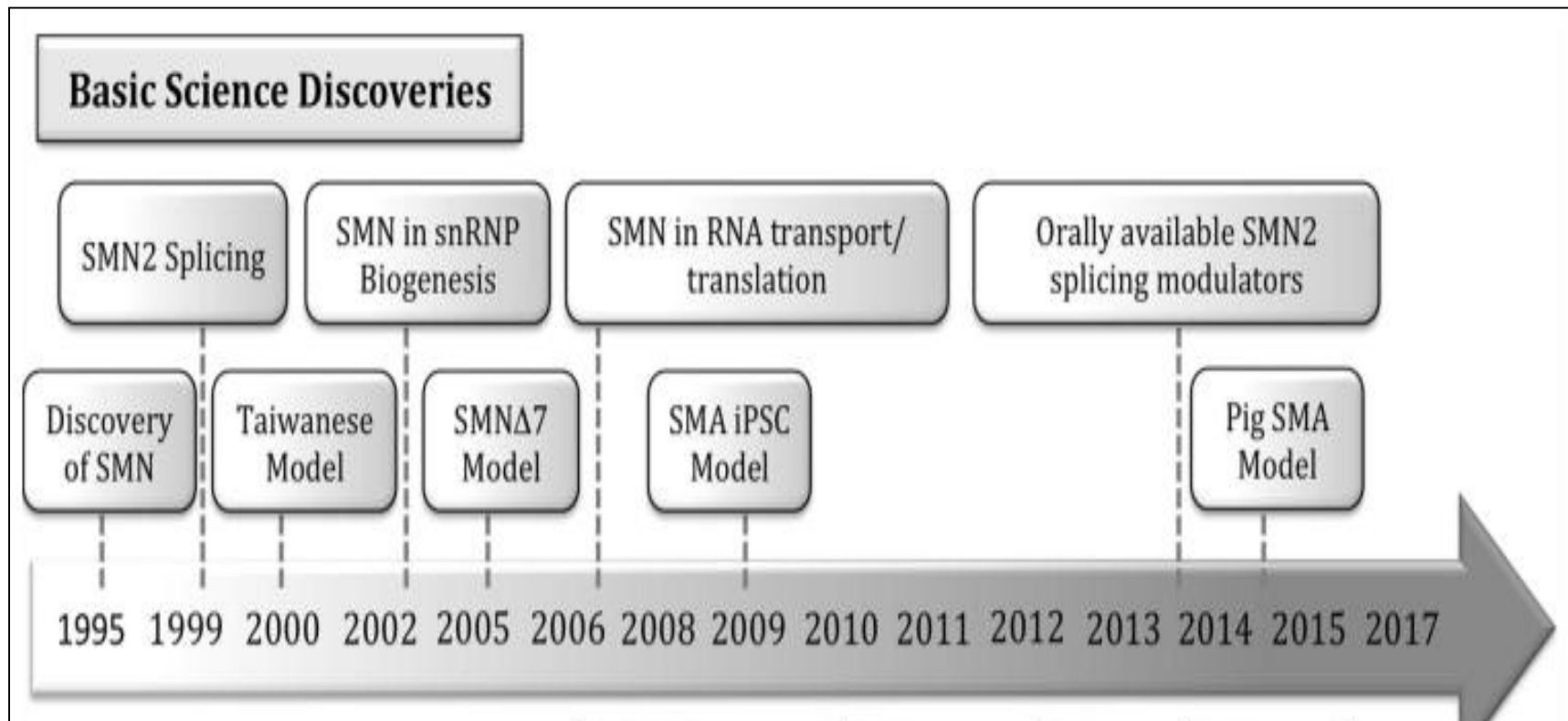
*Am J Hum Genet. 2017;12:124*

# Genetics of SMA



*Farrar Ma, et al. Ann Neurol. 2017;81:355–368*

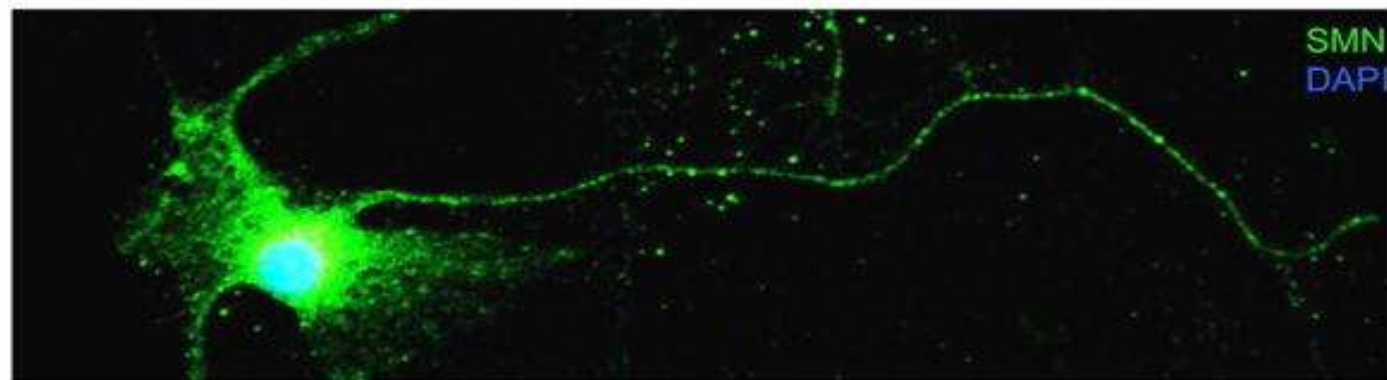
# Important Milestones in SMA Basic Science and Clinical Development



*Wertz MH. Ann. N.Y. Acad. Sci. 2016;1366:5–19*



# Subcellular Localization of SMN Function in Motor Neurons



## Cell Body

### Functions

- Forms SMN-complex with gemins and sm core proteins
- snRNP biogenesis
- Splicing and alternative splicing

### Phenotypes

- Aberrant mRNA splicing
- Cellular stress
- Motor neuron cell death

## Neurites (Axon/Dendrites)

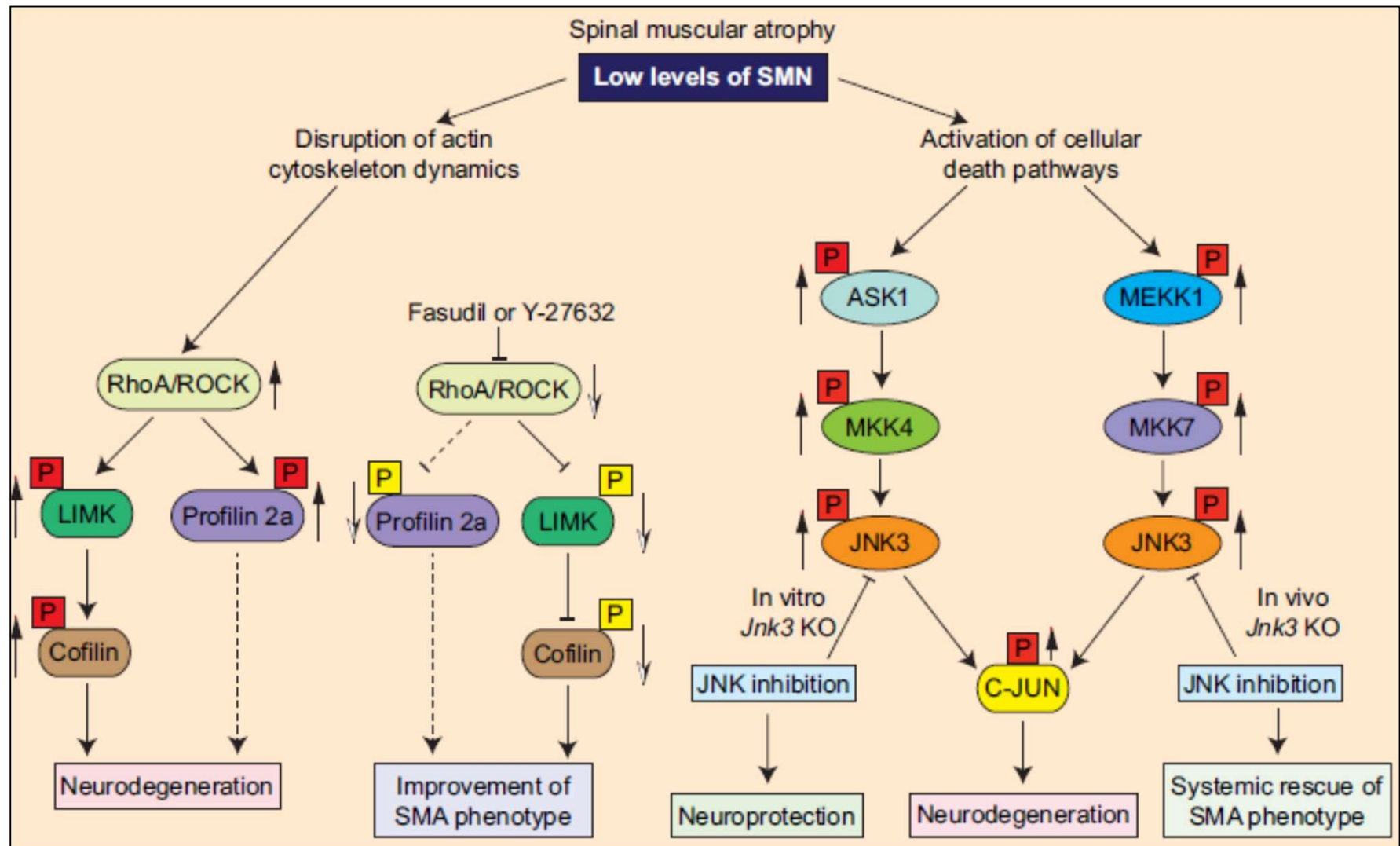
### Functions

- Binding RNA-binding proteins
- Trafficking axonal mRNA
- Interacting with COPI vesicles

### Phenotypes

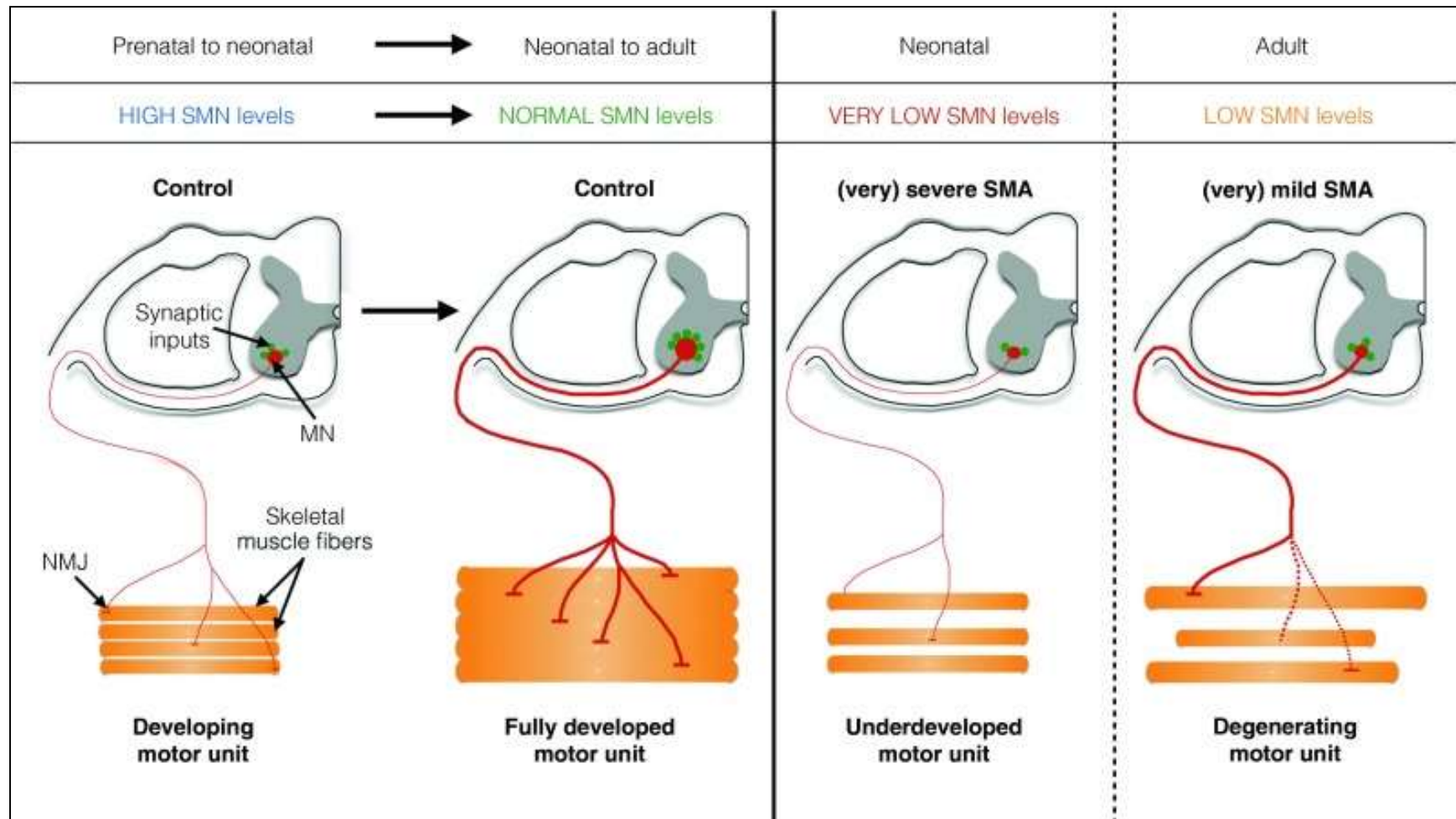
- Impaired neurite outgrowth/morphology
- Altered growth cone dynamics
- Aberrant local translation

# Molecular Mechanisms Mediated Neurodegeneration in SMA



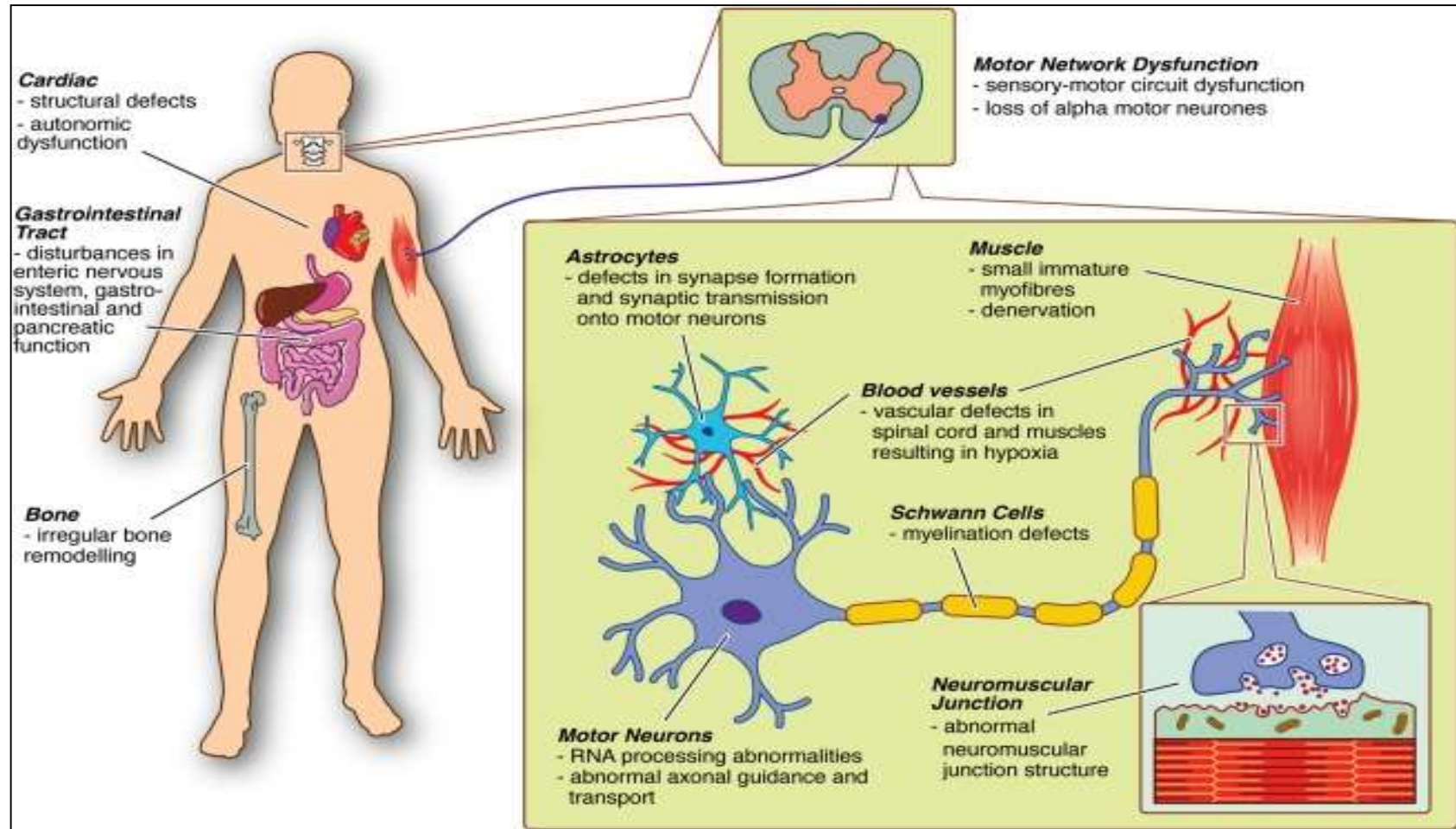


# Development and Postnatal Maintenance of the Motor Unit



*d'Ydewalle C. Neurotherapeutics. 2015;12:303–316*

# Multiple Functional Abnormalities in SMA



*Farrar Ma, et al. Ann Neurol. 2017;81:355–368*

# Current Management of SMA

	Assessments	Interventions
Respiratory	<p>Cough effectiveness; respiratory muscle function tests; overnight oximetry; forced vital capacity (&gt;6 years)</p> <p>Overnight polysomnography if disordered breathing suspected</p> <p>Acute respiratory infections</p>	<p>Referral to respiratory specialist</p> <p>Routine immunizations</p> <p>Annual influenza vaccination</p> <p>Airway clearance techniques and cough assistance-chest physiotherapy, postural drainage, mechanical or manual cough assistance</p> <p>Noninvasive ventilation (nocturnal and/or daytime if indicated)</p> <p>Antibiotics intensified airway clearance, increased ventilation support</p>
Gastrointestinal and nutritional	<p>Feeding and swallowing assessment</p> <p>Assess caloric intake</p> <p>Assess for signs of reflux or aspiration</p> <p>Assess for constipation</p>	<p>Nutritional supplementation, modifying food consistency, optimizing oral intake, positioning and seating alterations</p> <p>Nasogastric, nasojejunal, or percutaneous gastrostomy-as soon as reduced oral intake is recognized</p> <p>Nissen fundoplication (if indicated)</p> <p>Hydration, regular oral aperients</p>

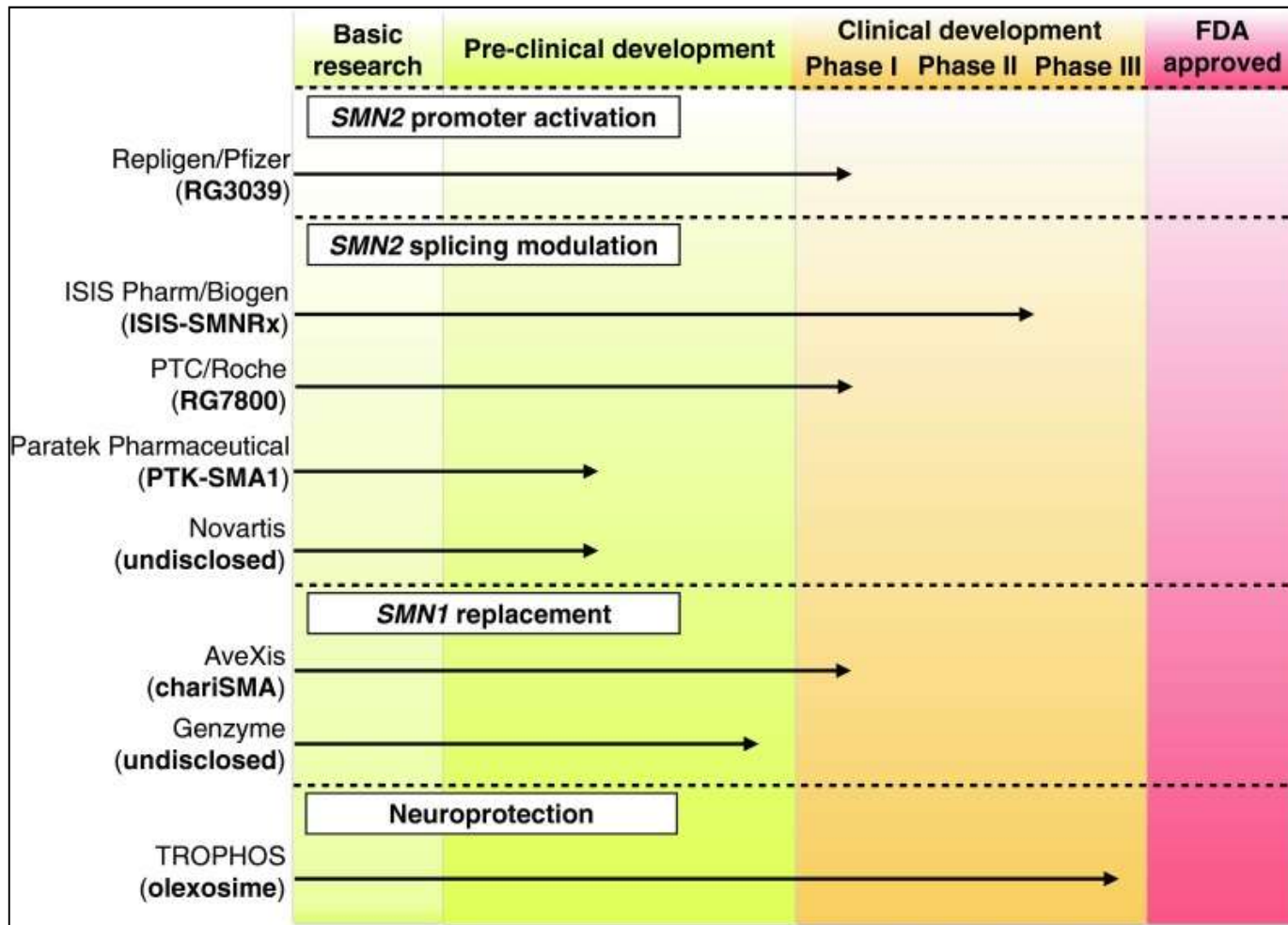
*Farrar Ma, et al. Ann Neurol. 2017;81:355–368*

# Current Management of SMA

	Assessments	Interventions
Orthopedic and rehabilitation	Posture, mobility, function Contractures Scoliosis Hip subluxation/dislocation	Equipment to assist with mobility, self-care, and function Physiotherapy, standing frames, orthoses Spinal surgery
Psychological	Assess for depression/anxiety (patient & family)	Counseling, pharmacotherapy

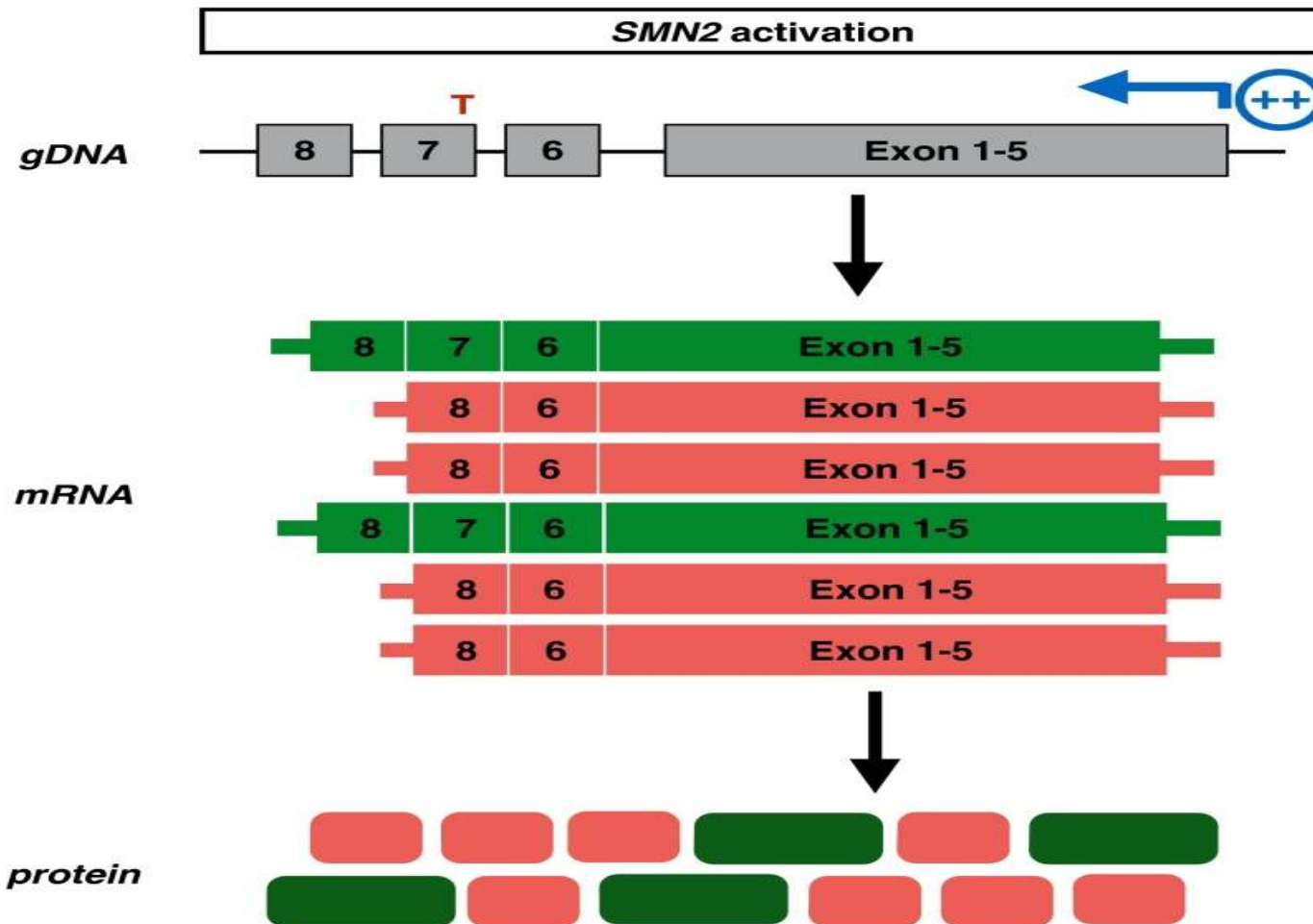
*Farrar Ma, et al. Ann Neurol. 2017;81:355–368*

# Pipeline of SMA Drugs Development



*d'Ydewalle C. Neurotherapeutics. 2015;12:303–316*

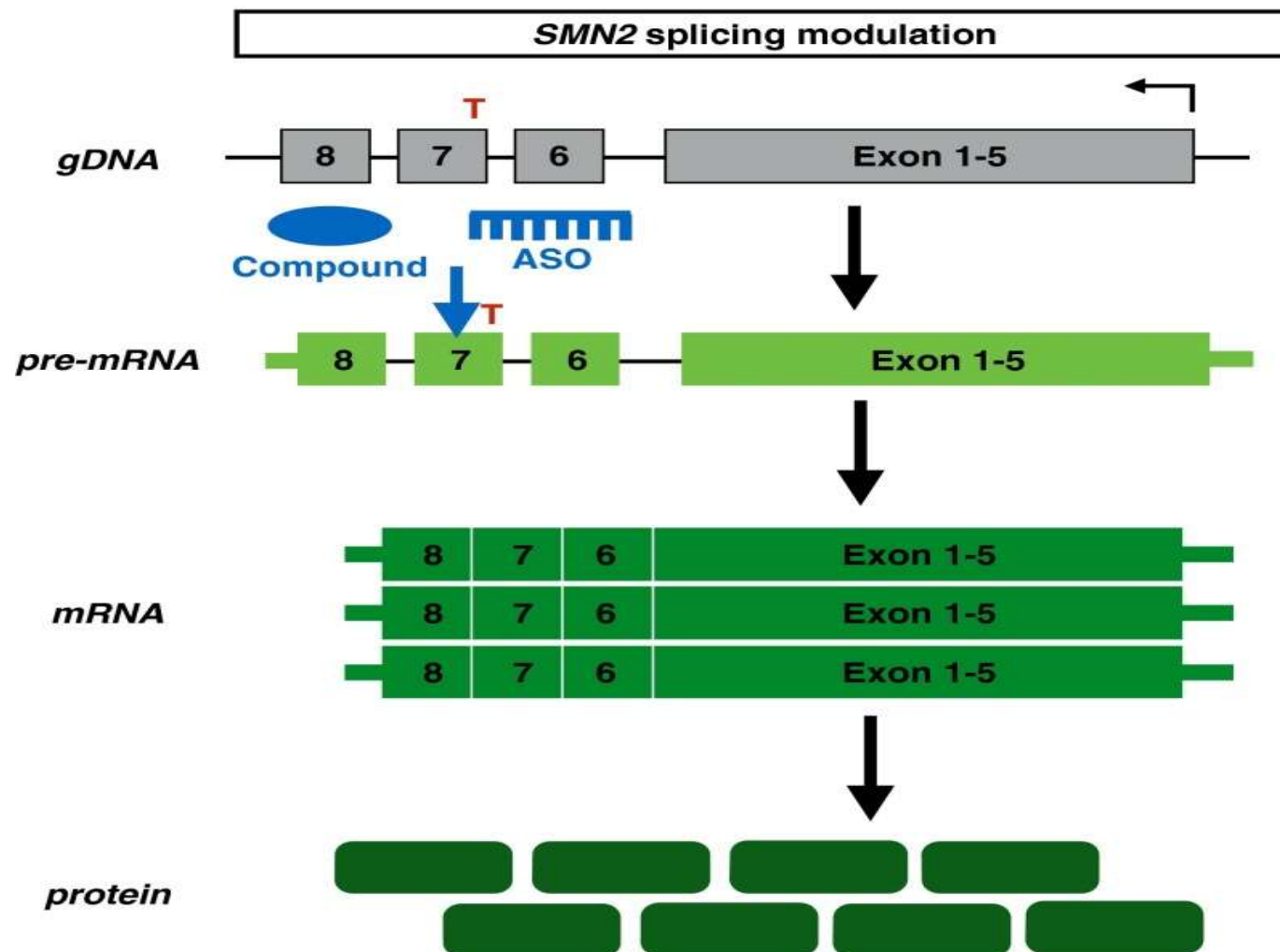
# SMN2 Promoter Activating Strategies aim to Induce SMN2 Expression



*d'Ydewalle C. Neurotherapeutics. 2015;12:303–316*

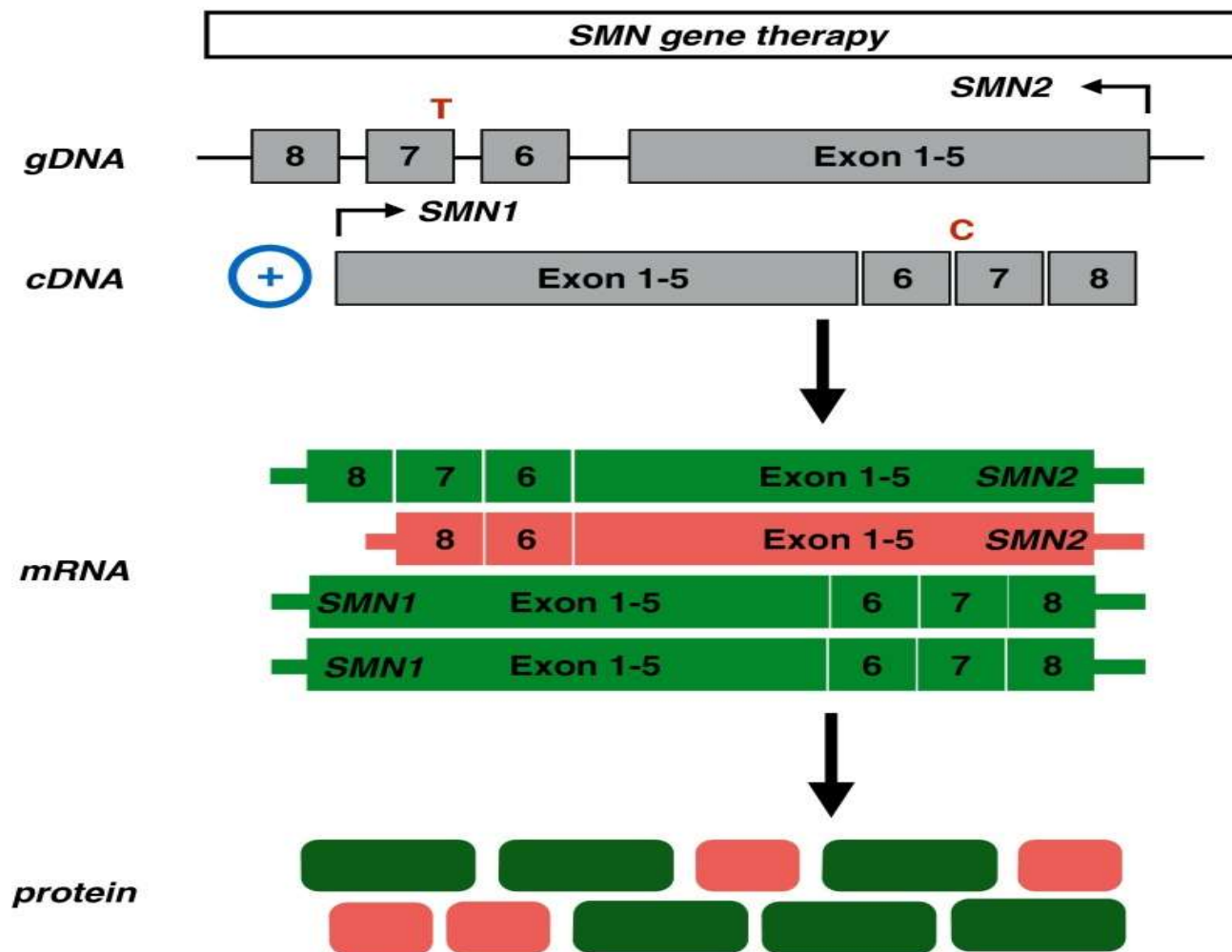


# SMN2 Splicing Modulation Drugs; Antisense oligonucleotides (ASOs)



*d'Ydewalle C. Neurotherapeutics. 2015;12:303–316*

# Gene Therapy by Using Adenovirus-associated SMN1 cDNA incorporated in the Human Genome



*d'Ydewalle C. Neurotherapeutics. 2015;12:303–316*



# Mechanisms of Action of SMA Therapeutics

Name	Mechanism of action	SMN Expression
Antisense Oligonucleotide	↑ Exon 7 inclusion in SMN2	↑ Full-length SMN from SMN2
Gene Therapy	AAV delivery for exogenous SMN	↑ SMN expression
Olesoxime	→ Cell death	N/A
Quinazoline	→ DcpS ↓ RNA turnover	↑ Full-length SMN from SMN2
HDAC Inhibitors	↑ Promotor acetylation ↑ SF2/ASF ↓ hnRNPA1	↑ Full-length SMN expression
IGF-1	↓ Motor neuron cell death	N/A
mTOR	↑ Protein Synthesis	N/A
Stem Cell Replacement	↑ Wildtype motor neuron number	↑ Full-length SMN expression

*Wertz MH. Ann. N.Y. Acad. Sci. 2016;1366:5–19*

# Multidisciplinary Care for SMA

- Neurologist
- Geneticist
- Pulmonologist
- GI/Nutritionist
- Orthopedic
- Rehabilitation
- Pain specialist
- Ambulator/palliative care nurses
- Social worker

# SMN1-Negative SMA

Type (OMIM #)	Gene	Locus	Inheritance	Phenotype
Early onset				
SPSMA (181405)	<i>TRPV4</i>	12q24.11	AD	Scapulohumeral spinal muscular atrophy
SMALED1 (158600)	<i>DYNC1H1</i>	14q32.31	AD	Lower extremity-predominant spinal muscular atrophy-1
SMALED2 (615290)	<i>BICD2</i>	9q22.31	AD	Lower extremity-predominant spinal muscular atrophy-2
LAAHD (611890)	<i>GLE1</i>	9q34.11	AR	Arthrogryposis with anterior horn cell disease
SMAX2 (301830)	<i>UBA1</i>	Xp11.23	XR	Lethal infantile spinal muscular atrophy, with arthrogryposis
SMA-PME (159950)	<i>ASAH1</i>	8p22	AR	Spinal muscular atrophy with progressive myoclonic epilepsy
PCH1A (607596)	<i>VRK1</i>	14q32.2	AR	Pontocerebellar hypoplasia with infantile spinal muscular atrophy
PCH1B (614678)	<i>EXOSC3</i>	9p13.2	AR	Pontocerebellar hypoplasia with infantile spinal muscular atrophy
BV-VLS1 (211530)	<i>SLC52A3</i>	20p13	AR	Brown-Vialetto-Van Laere syndrome 1
BV-VLS2 (614707)	<i>SLC52A2</i>	8q24.3	AR	Brown-Vialetto-Van Laere syndrome 2

Peeters K. *Brain* 2014; 137; 2879–2896

# SMN1-Negative SMA

<b>Late onset</b>				
SMAFK (182980)	VAPB	20q13.32	AD	Late-onset spinal muscular atrophy, Finkel type
–	HEXB	5q13.3	AR	Late adult-onset pure spinal muscular atrophy
SMAJ (615048)	–	22q11.2-q13.2	AD	Spinal muscular atrophy, Jokela type
ALS4 (602433)	SETX	9q34	AD	Juvenile to adult onset SMA with pyramidal features
LGMD1B (159001)	LMNA	1q22	AD	Adult-onset proximal spinal muscular atrophy followed by cardiac involvement
HMSN1 (604484)	TFG	3q12.2	AD	Proximal hereditary motor and sensory neuropathy, Okinawa type
SMA1 (313200)	AR	Xq12	XR	Kennedy disease, spinal and bulbar muscular atrophy

Peeters K. Brain 2014; 137; 2879–2896

ขอบคุณครับ  
คำถามและข้อคิดเห็น